

***WE'VE GOT THE OLYMPIANS!
AT THE 33RD ANNUAL***

***THE MIKE PASCUZZO
"ON THE ROAD"
TRACK & FIELD
WORLD TOUR
CAMP***

NOW YOU CAN LEARN THE SECRETS OF THE GREAT ONES!

JULY 11 & 12, 2026

**PENNSAUKEN HIGH SCHOOL
PENNSAUKEN, NJ**

A UNIQUE CAMP EXPERIENCE

***THE ONLY CAMP IN THE WORLD
STAFFED EXCLUSIVELY WITH OLYMPIANS
OF THE PAST, PRESENT & FUTURE!***

***THE OFFICIAL TRACK & FIELD CAMP OF THE
NJSIAA AND THE LOUCKS GAMES***



HIGH JUMP

JAMIE NIETO

BETH SIMMONS GARY CROWE

THE BEST HJ CAMP BRINGING YOU THE BEST COACHES!

JAMIE NIETO

2X USA OLYMPIC TEAM MEMBER
4 TIME U.S. NATIONAL HJ CHAMP
3 TIME WORLD CHAMPIONSHIPS COMPETITOR
3 TIME PAN-AM GAMES COMPETITOR
EASTERN MICHIGAN, HJ RECORD HOLDER
THREE-TIME ALL-AMERICAN
RANKED IN THE TOP 10 HIGH JUMPERS
IN THE WORLD MULTIPLE TIMES
PERSON BEST 7'8"



BETH SIMMONS

USA OLYMPIC TRIALS FINALIST
2-TIME OLYMPIC TRIALS COMPETITOR
NCAA D-III NATIONAL CHAMPION
6-TIME ALL-AMERICAN (WHEATON)
INSTRUCTOR-JERSEY JUMPS VC
PERSONAL BEST OF 6'1"



GARY CROWE

JUMPS COACH AT WINSLOW HS
COACHED DOZENS OF STATE AND
MOC COMPETITORS AND
CHAMPIONS
INSTRUCTOR-JERSEY JUMPS VC

HURDLES

SHEVON NIETO

BRUCE BERRY

BOTH OLYMPIC LEVEL ATHLETES AND COACHES!



SHEVON NIETO

2-TIME OLYMPIC TEAM MEMBER 400M HURDLES
(JAMAICA)
3 TIME WORLD CHAMPIONSHIPS TEAM MEMBER
2006 CAC GAMES TEAM MEMBER
COMMONWEALTH GAMES TEAM MEMBER
PAN AMERICAN GAMES TEAM MEMBER
WAS RANKED TOP 10 IN THE WORLD IN THE 400IH
PERSONAL BESTS OF 54.47 400IH

BRUCE BERRY

2-TIME OLYMPIC TRIALS QUALIFIER
400M AND 110M HURDLES
UNIVERSITY OF ALABAMA AND
UNIVERSITY OF VIRGINIA
11 ALL-SEC HONORS
7 ALL-ACC HONORS
9-TIME ALL-AMERICAN
HAS COACHED NUMEROUS
NCAA REGIONAL QUALIFIERS



POLE VAULT

ROB MUZZIO

MIKE MAIRA DAN INGRUM

TODD CURLL

NUMEROUS HIGH SCHOOL/COLLEGE CHAMPIONS COACHED

ROB MUZZIO

USA OLYMPIC TEAM MEMBER
3-TIME WORLD CHAMPS. TEAM
(1ST DECATHLETE IN HISTORY)
2-TIME NCAA CHAMPION
CAPTAIN OF THE VISA/USA TEAM
CURRENT NCAA DECATHLON
SHOT PUT RECORD HOLDER
PERSONAL BEST OF 8237 IN DECATHLON
AND 16' 9" IN THE VAULT



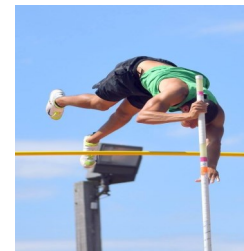
MIKE MAIRA

COACHED THE PRINCETON VAULTERS TO:
-10 HEPS CHAMPIONSHIPS TITLES
-3 NCAA TITLES,
COACHED SONDRÉ GUTTORMSEN WHO HOLDS
THE NCAA INDOOR RECORD 19' 8.25"
COACH FOR USA DEAF ATHLETICS TEAM IN
THE 2024 WORLD CHAMPS IN TAIWAN.
A THREE-TIME NJ STATE CHAMPION
FOUR-TIME LETTER WINNER AT TENNESSEE
PERSONAL BEST OF 16' 10"



TODD CURLL

VAULT COACH @ STOCKTON UNIVERSITY
COACHED 2-TIME NCAA CHAMPION
COACHED DOZENS OF POLE VAULT
& HEPTATHLETE ALL-AMERICANS
DECATHLETE AT SHIPPENSBURG U.
CO-CAMP DIRECTOR AND OWNER
JERSEY JUMPS VERTICAL CLUB



DAN INGRUM

FORMER VAULTER AND CURRENT JUMPS
COACH AT STOCKTON UNIVERSITY
COACHED NUMEROUS GROUP AND MOC
QUALIFIERS IN THE JUMPS
CO-CAMP DIRECTOR AND OWNER
JERSEY JUMPS VERTICAL CLUB

Daily Camp Schedule

Saturday, July 11

7:30am ALL Campers Check-In At The Track
@ Pennsauken High School
8:30am Staff Introductions
9am-12pm Camp Instruction
12-1pm Lunch
1-4pm Camp Instruction

Sunday, July 12

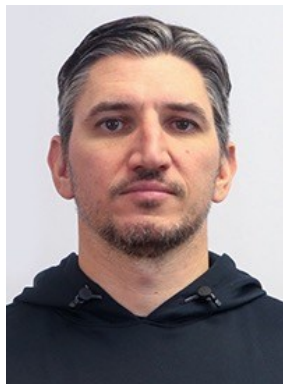
8:45am Camp Day 2—Meet in the bleachers
9am-12pm Camp Instruction
12-1pm Lunch
1-4pm Camp Instruction

4pm Parent Pick up at Pennsauken High School

SHOT PUT, DISCUS AND JAVELIN

JON KALNAS JOE KALNAS
SCOTT MENIN

LEARN FROM THESE THREE VERY SUCCESSFUL
THROWERS & COACHES!



JON KALNAS

2-TIME OLYMPIC TRIALS COMPETITOR
3-TIME ALL-AMERICAN (MONMOUTH)
4-TIME IC4A CHAMPION
6-TIME NE CONFERENCE CHAMPION
PERSONAL BEST OF 66'3" (SHOT)

JOE KALNAS

NJCAA/USTFCCA NATIONAL
ASSISTANT COACH OF THE YEAR
SIX TIMES AND WAS CHOSEN AS
THE REGIONAL ASSISTANT COACH
OF THE YEAR 13 TIMES.
THROWS COACH
ROWAN UNIVERSITY



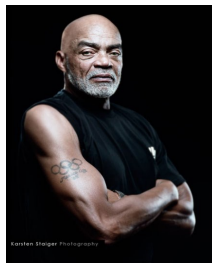
SCOTT MENIN

THROWS COACH AT:
LOWER MORELAND HS, ARCHBISHOP WOOD HS, CHELTENHAM HS
HEAD THROWS COACH FOR AOC, AN AAU CLUB TEAM IN PA, WHERE HE
HAS PRODUCED NATIONAL MEDALISTS IN 25 OF HIS 30 YEARS, ALONG
WITH THREE NATIONAL CHAMPIONS

HAS COACHED:
- PIAA DISTRICT CHAMPIONS IN SHOT PUT AND JAVELIN
- PIAA AND NJSIAA MEDALISTS IN ALL THROWS EVENTS
- USATF JR. OLYMPIC FINALS COMPETITOR IN HAMMER THROW
- KEYSTONE STATE GAMES CHAMPIONS IN HAMMER THROW / SHOT PUT

LONG JUMP & TRIPLE JUMP NORM TATE LEROY SOLOMON JARED LEWIS

LEARN TO TRAIN FOR LONG JUMP & TRIPLE JUMP OR BOTH!



NORM TATE

USA OLYMPIC TEAM MEMBER (TJ)
FORMER AMERICAN RECORD (TJ)
3-TIME USA NATIONAL CHAMPION (TJ)
3-TIME USA NATIONAL CHAMPION (LJ)
USA NATIONAL TEAM COACH: '14, '15
'16, '18 & '19 WORLD CHAMPIONSHIPS
USA HEAD COACH '17 PAN AM GAMES
PERSONAL BESTS: 55'11 1/2" (TJ),
27' 1" 1/4" (LJ)

LEROY SOLOMON

OLYMPIC TEAM MEMBER-GUYANA (TJ)
NCAA NATIONAL CHAMPION-D. III
HELD NCAA NATIONAL RECORD (TJ)
JUMPS & HURDLES COACH AT FDU
COACHED SALIF MANE TO OLYMPICS
JUMPS COACH-FAIRLEIGH DICKINSON
COACH OF 25 NCAA ALL AMERICANS
PERSONAL BESTS: 25'6" (LJ),
54'8" (TJ)

JARED LEWIS

2 x NCAA DIII NATIONAL CHAMP IN THE TRIPLE JUMP
9 x ALL-AMERICAN LJ/TJ STOCKTON UNIVERSITY
11-TIME NJAC CHAMPION
PERSONAL BESTS: 24' 4.25" (LJ) 50' 11" (TJ)

SPRINTS & RELAYS

ROCHELLE STEVENS

ONE OF THE MOST VERSATILE SPRINTERS IN THE WORLD!
EXCELLENT RANGE FROM 100M-400M!



ROCHELLE STEVENS

OLYMPIC GOLD MEDALIST
(4 x 400)
OLYMPIC SILVER MEDALIST
(4 x 400)
WORLD CHAMPIONSHIPS
GOLD MEDALIST
WORLD CHAMPIONSHIPS
SILVER MEDALIST
4-TIME USA NATIONAL CHAMPION
(400)
NCAA NATIONAL CHAMPION (400)
11-TIME ALL-AMERICAN
(MORGAN STATE)
PERSONAL BESTS OF
11.37 (100), 22.84 (200),
50.06 (400)



MIDDLE DISTANCE & DISTANCE RINGO ADAMSON

NOT A CROSS-COUNTRY CAMP! THIS IS A "RACING" CAMP TO
TEACH THE EFFECTIVE SECRETS TO WIN ON THE TRACK!



RINGO ADAMSON

2-TIME OLYMPIC TEAM MEMBER (JAMAICA)
6-TIME WORLD CROSS-COUNTRY TEAM MEMBER
NCAA DIVISION III TRACK & FIELD HALL OF FAME
NCAA DIVISION III NATIONAL CHAMPION
(STEEPLECHASE)
2-TIME PHILADELPHIA MARATHON CHAMPION
8-TIME ALL-AMERICAN (GLASSBORO STATE)
PRINCETON UNIVERSITY ASSISTANT COACH
FORMER HEAD TRACK & FIELD &
CROSS COUNTRY COACH (ROWAN UNIVERSITY)
NJAC XC COACH OF THE YEAR (2019)
COACHED 26 ALL-AMERICANS @ ROWAN U.

CAMP TUITION 2026

CAMPERS

\$369

(\$349 IF RECEIVED BY JUNE 1)

INCLUDES:

- 2 DAY ELITE CAMP
- LUNCH BOTH DAYS
- CAMP T-SHIRT
- CAMP INSURANCE

COACHES TUITION

\$99

***COACHES TUITION WAIVED*
WITH 3 PAID CAMPERS!**

INCLUDES:

- SAME AS A CAMPERS AND
BE IN THE ACTION LEARNING
FROM SOME OF THE BEST!

OVERNIGHT CAMPERS

COMING FROM A DISTANCE? WE HAVE ARRANGED AN
INCREDIBLY LOW RATE AT A LOCAL HOTEL.
BOOK BY **JUNE 19TH** TO GET THE RATE!
FREE HOT BREAKFAST & WIFI!
FAMILY FUN CENTER RIGHT NEXT TO THE HOTEL
IF YOU HAVE YOUNGER KIDS!!!

**LAQUINTA HOTEL
MOUNT LAUREL, NJ
CALL (856) 548-8448**

WHEN CALLING, TELL THEM YOU ARE WITH THE JERSEY JUMPS VERTICAL CLUB CAMP

OR USE THE LINK BELOW:

[La Quinta Inn & Suites by Wyndham Mount Laurel / Moorestown | Mt Laurel Township, NJ Hotels](#)

**THE CAMP IS A CO-ED EVENT FOR AGES 13 & UP, ALL SKILL LEVELS!
HIGH SCHOOL, COLLEGE, OPEN & MASTERS ATHLETES WELCOME!**

REGISTRATION IS ONLINE ONLY AT:

WWW.JERSEYJUMPSVC.COM/SUMMER-CAMP/

OR

USE THE QR CODE



FOR ADDITIONAL INFORMATION:

**CONTACT TODD CURLL/DAN INGRUM
PHONE: (609) 576-0031
E-MAIL: COACHES@JERSEYJUMPSVC.COM
WWW.JERSEYJUMPSVC.COM**

